# DEVELOPING SOCIALITY IN THE 21<sup>ST</sup> CENTURY

Selected papers from the XIVth Biennial Conference of the European Personal Construct Association, University Of Edinburgh, Scotland, July, 2018

### Editorial

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These 14 papers are based on presentations given at the 14<sup>th</sup> European PCP Conference which took place at the University of Edinburgh in July 2018. The theme of the conference was 'Developing sociality in the 21st Century'. It was a great success with over 100 delegates from 15 countries from both inside and outside Europe. The beautiful and cultured city was inspiring, not least because the founder of PCP, George A. Kelly had spent a year as an exchange student at Edinburgh University studying for a degree in Education in 1930, 88 years previously! Keynote speakers were Catriona Macaulay of the Scottish Government, who spoke of efforts to have public services designed though a shared, national participatory approach, including users and employees; Professor Michael Mascolo of Merrimack College, Massachusetts, gave an inspiring keynote on intersubjectivity and radical sociality, involving constructing dialogue across the divide of polarised positions.

This collection reflects the wide range of applicability of PCT and the fertility of the theory, especially emerging from the professionals' points of view. We start with two papers looking at the topic of choice, one in the context of love and romantic relationships from Anna Celli and Giovanna Malangone, colleagues in the Centre for Studies in Constructivist-oriented Cognitive Psychotherapy (CESIPc), Italy, together with David Green's reflection on Kelly's Choice Corollary which, unusually for psychology, asserts that human beings have free choice, still a radical idea in the largely deterministic discourse of most academic and applied psychology. This is followed by a paper presenting the use of creative approaches in the teaching of PCP by Massimo Giliberto, Chiara Lui and Elena Sagliocco, colleagues from the Institute of Constructivist Psychology (ICP) in Padua, Italy.

The next four papers cover clinical matters and begin with *Clare Coppock*'s account of using Sociality to tackle challenging behaviour and a study of expectations of people who wish to become adoptive or foster-parents by *Leonora Pechnikova*, *Andrey Ryzhov* and *Ekaterina Zhuykova*, from Moscow, Russian Federation (unfortunately, they were unable to attend the conference in person). This is followed by two psychotherapeutic case studies concerning working with a 'borderline' client and one involving an exploration of a client-therapist relationship in working with a case of a female victim of domestic violence, from *Nada Dimcović* of Serbia and *Massimo Giliberto* of Italy respectively.

The next three papers utilize constructivist methodology, the first continuing the theme of violence against women from Jesús Garcia-Martínez, Mª Ángeles Payán-Bravo and Rafael Moreno-Rodríguez of the University of Seville, Spain. We are pleased to include Devi Jankowicz' piece on using sociality and negotiation in repertory grid interviews. This is followed by Mauro Martinelli's study of a Kellian evaluation of individual performance of employees in public service in Veneto, Italy. The last four papers show how widely PCP can be applied, with one utilising PCP methodology to perceptions in Architecture by Ahmed Agiel, Jon Lang and Peter Caputi (UAE and Australia) two focussing on the body – Francesca Del Rizzo on sport, John Fisher on tattoos and finally one on using PCP to explore religious views from Valentina Sosero of the ICP. Padua.

This series of papers will be accompanied by a set of contributions from the conference to be published in two separate issues of the Journal of Constructivist Psychology, totalling 33 papers in all, which means that a pleasing proportion of delegates at the conference went on to publish, in line with a long tradition in PCP.

We would like to thank all the reviewers of these papers for their hard work: Richard Bell, Viv Burr, Richard Butler, Richard Casebow, Emily Cooper, Nelarine Cornelius, Peter Cummins, Pam Denicolo, Miroslav Filip, John Fisher, David Green, Mark Heckman, Desley Hennessy, Devi Jankowicz, Devorah Kalekin-Fishman, Heather Moran, Clare Morris, Bernadette O'Sullivan, Jelena Pavlović, Nick Reed, Sally Robbins, Dusan Stojnov, Deborah Truneckova and Bill Warren.

#### **ABOUT THE AUTHORS**

Harry Procter is a Visiting Professor at the University of Hertfordshire, UK. He conducted his doctoral research in the early 1970's at the Department of Mental Health, University of Bristol, applying Personal Construct Psychology to family processes and beginning the development of a Systemic Constructivist approach to family therapy. He was Clinical Psychologist with the National Health Service for 27 years before retiring in 2004. He has taught in a number of countries over the years and has published over 60 papers and chapters covering a variety of topics. He is currently engaged in researching the philosophical background of his approach. He has recently finished Personal and Relational Construct Psychotherapy, a book co-written with David Winter for Palgrave-MacMillan.

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Chiara Lui is a constructivist psychologist and psychotherapist, teacher at the Institute of Constructivist Psychology in Padua, Executive Director of the Rivista Italiana di Costruttivismo, Programme Manager of Icp International Lab, and member of the council of Società Italiana di Costruttivismo. She works with people and their relationships, constantly trying to translate constructivist premises into experiences and opportunities for change. As a psychotherapist she meets every day with adults, adolescents and families. She works also as consultant, trainer and supervisor of other professionals and associations in the context of helping relationships.

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Vladimir Džinović is a psychologist and constructivist psychotherapist, research associate at the Institute for Educational Research in Belgrade and an educator in the Serbian Constructivist Association. He is interested in applying constructivism and post-structuralism in personality psychology, and clinical and educational psychology. His area of expertise is qualitative research, especially the techniques of the psychology of personal constructs, the methodology of the multiple self and the analytics of power.

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Joady Brennan is an Honorary Fellow, UK Council on Psychotherapy. Now retired from working in various NHS mental health services, research and teaching at Brunel University, Birkbeck UCL, University of Sheffield, and the PCPA psychotherapy training, and various committees. She is still doing some supervision and mentoring and is an external examiner for University of East London. She is trying to get some writing done.

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## **REFERENCE**

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